



**ORACLE First Aid Training Services**

# COURSES 2011



# ANSWER THESE SIMPLE QUESTIONS

## WHAT WOULD YOU DO IF?

- a. A colleague trips and gashes their leg on glass severing an artery
- b. A workmate falls down stairs and doesn't move
- c. Your baby is choking

If you answered “**phone for an ambulance**” well done!

However, what would you do while you were waiting?

**1 in 5 category A (life threatening) incidents**  
resulted in emergency response  
taking over 8 minutes.



IC Stats 2009-10

Your actions may mean the difference  
between life & death

**98,000 fatal cardiac arrests every year in the UK**



stats UK 2007

If you would like to know what to do  
in emergencies like these & many other situations,  
Call us to discuss your training needs

Most people think  
“it won't happen to me”  
**BUT SOMETIMES IT DOES!**

## **Courses available:**

### **Child, Baby and Adult Basic life saving (3 hours)**

Maximum 12 delegates per course

An essential piece of training for all ,  
the course includes training in cardiopulmonary resuscitation, (child, baby and adult)  
febrile convulsions, airway management, choking (child, baby and adult)  
dealing with bleeding, burns and broken bones

### **First Aid for people working with young children**

This course meets the requirements of the Early Years foundation stage statutory framework.

The course focuses on emergency scenarios that are faced by professionals,  
including teachers, au pairs and playgroup leaders, looking after young children.  
It meets Ofsted requirements for registered childminders and the requirements for nannies  
under the Approved Carers Scheme.  
It can also be used as evidence for employees working towards an NVQ in Childcare and Education.

### **Emergency First Aid at Work (6 hours)**

Maximum 12 delegates per course

Formally known as the appointed person first aid course.  
This course is approved, registered and monitored by the  
Health & Safety Executive  
and is the basic requirement course for the workplace.

### **First Aid at Work (18 hours)**

Maximum 12 delegates per course

This course is approved, registered & monitored by the  
Health & Safety Executive. A more in-depth training,  
this course is ideal for the workplace, enabling the first aider to assess,  
monitor, treat and evacuate casualties as needed.

### **Automated Emergency Defibrillation (4 hours)**

maximum 6 delegates per course

The course covers Heart Conditions,  
Basic Life Support, Cardio Pulmonary Resuscitation  
UK Resuscitation Council Guidelines, Safe use of an AED  
The course includes: all course materials, AED user certificate valid for 12 months.

**REFRESHER AND RENEWAL COURSES ARE AVAILABLE FOR ALL COURSES,  
JUST ASK FOR DETAILS**

**Fire awareness; (group training only)  
min 4 candidates, max 12,**

A two hour fire awareness course designed to build knowledge on the nature and causes of fire and how to evacuate in accordance with your companies fire safety policy on hearing the alarm or discovering a fire. To gain knowledge on the different types of fire extinguishers and what type of fires they are used on

**Fire Marshall; (group training only)  
min 4 candidates, max 12,**

A six hour course designed to build knowledge on the nature and causes of fire and how to manage the companies and employees responsibilities with regard to evacuation, fire safety management and general fire marshal duties including the use of fire extinguishers on small fires.

**Fire Manager;**

To enable you to meet your legal obligations of producing a compliant Fire Risk Assessment for your premises, by providing you with knowledge of a fire risk assessment process and supporting guidance to enable you to complete a template risk assessment document on return to your work place and know where and when to seek additional assistance.

**Risk Assessment training;**

The overall aim is for candidates to acquire knowledge and practical skills to improve their competency in carrying out general risk assessments under the Management of Health and Safety at Work Regulations 1999.

**ALL COURSES AVAILABLE "IN HOUSE" AT NO EXTRA COST\***

**\*(Minimum numbers apply; all minimum numbers apply to "in house" training only)**

**For further information and prices**

**Please contact:**

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